

# Individual Diet Form



The information provided on this form will be placed into the child's Intolerance / Modified Diet Plan which will be authorised by a parent or guardian.

Child's full name		Date of Birth	
Date completed			
Service attended			
<b>My child's dietary intolerances or required restrictions are:</b>			
<b>The most common symptoms and triggers are:</b>			
<b>What can your child NOT safely eat?</b>			
<b>What can your child safely eat? (including 'may contain traces of')</b>			
<b>What are the risks associated with these intolerances or dietary restrictions?</b>			
<b>What actions do we need to take to minimise risk? (for example provide a milk alternative)</b>			
<b>Please provide any other relevant information</b>			

## Individual Diet Form

### Office use only

The Individual Diet Form is given out:

- At enrolment,
- During the mid-year and start-of-year updates
- When there are any dietary changes

On completion, this form is given to the relevant Nominated Supervisors who will develop or update the child's Intolerance / Modified Diet Plan, in collaboration with the Kookaburra kitchen (if relevant) and authorised by the child's parent or guardian. The Plan will be distributed to the room Leader.

Checklist (tick if needed and sign when completed)		Signed by NS	Date
	Individual Diet Form		
	Meeting with family and cook and/or NS		
	Intolerance/Modified Diet Plan developed and signed by family		
	Changes made to kitchen diet chart		
	Child kitchen profile card developed and displayed in kitchen		
	Form filed in child's enrolment file		
		Signed by Admin	Date
	Enrolment entered into QikKids		